

The Center for the Martial Arts
 11425 S. Harlem Ave.
 Worth IL, 60482
 708.448.AIKI (2454)

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DanZan Ryu
 Jujitsu



Jujitsu Schedule

Children's Jujitsu

Monday

Hours
 6:00pm
 To
 7:00pm

Wednesday

Hours
 6:00pm
 To
 7:00pm

Adult and Teen Jujitsu

Monday

Hours
 7:00pm
 To
 8:30pm

Wednesday

Hours
 7:00pm
 To
 8:30pm

Come and take a week intro class!

Contact Information:
 Instructor: Phil Gutierrez
 School: 708.448.AIKI (2454)
 Cell: 773.814.8688
 E-mail: jujitsu@sbcglobal.net

DANZAN RYU JUJITSU is a Japanese Martial Art developed in Hawaii, when translated into English, jujitsu means "gentle, pliable, or flexible art." The "gentleness" of the art is expressed in the execution of the techniques, and is not reflected in the effect upon the attacker, except at the discretion of the person executing the technique. Using the techniques, a person may either control an attacker with a minimum amount of pain (neutralization), or use a technique designed to produce a great deal of pain.

CHILRENS JUJITSU

As a component of DanZan Ryu Jujitsu

Children's Character Development program, students are taught how to be a leader and role model in their classes. DanZan Ryu Jujitsu is dedicated to the development of our children. Our youth program lays the ground work and instills the values necessary for your child to succeed as a teenager and as an adult. Promoting the time honored principles of respect, discipline, perseverance, self control, and integrity, our martial arts program is the template in which your child will develop themselves into a successful adult, armed with the tools to handle life's challenges.

Ask for our other programs:

*AIKIDO *IAIDO *YOGA *TAI CHI *TAE KWON DO *KENPO *JAPANESE LANGUAGE