



# A Center for the Martial Arts

SOSEIKAN DOJO

11425 S. Harlem Ave. Worth, Illinois, 60482

(708) 448-AIKI (2454)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>IAIDO</b> 8 AM – 9:30 AM	available	<b>Danzan Ryu Jujitsu</b> Adults 10 AM - 11 AM	available	<b>Danzan Ryu Jujitsu</b> Adults 10 AM - 11 AM	available	<b>Danzan Ryu Jujitsu</b> Black Belt Class 6 AM – 8:00 AM
<b>IAIDO</b> Open Mat 9:30 AM – 10 AM	<b>KENPO</b> Kids 4 PM - 5 PM	<b>TAI CHI</b> 11:15 AM - 12:15 PM	<b>KENPO</b> Kids 4 PM - 5 PM	available		<b>Danzan Ryu Jujitsu</b> Adult / Teen 8:00 AM – 8:45 AM
<b>AIKIDO</b> Open Mat 9:30 AM - 10 AM	<b>Tae Kwon Do</b> All Ages 5 PM - 6 PM	available	<b>KENPO</b> Adults / Teens 5 PM - 6 PM	available		<b>Jujitsu Juniors</b> Kids 8:45 AM - 9:30 AM
<b>AIKIDO</b> Ongoing 10 AM - 11AM	<b>Jujitsu Juniors</b> Kids 6 PM - 7 PM	<b>YOGA</b> 5:30 PM - 6:30 PM	<b>Jujitsu Juniors</b> Kids 6 PM - 7 PM	<b>YOGA</b> 5:30 PM - 6:30 PM		<b>KENPO</b> Kids 6 PM - 7 PM
<b>AIKIDO</b> Ongoing 11 AM - 12 PM	<b>Danzan Ryu Jujitsu</b> Teens and Adults 7 PM - 9 PM	<b>AIKIDO</b> Kids 6:30 PM - 7:30 PM	<b>Danzan Ryu Jujitsu</b> Teens and Adults 7 PM - 9 PM	<b>AIKIDO</b> Ongoing 7 PM - 8 PM	<b>KENPO</b> Adults / Teens 7 PM - 8 PM	<b>AIKIDO</b> Kids 11:30 AM – 12:30 PM
available	available	<b>AIKIDO</b> Intro / Ongoing 7:30 PM - 8:30 PM	available	<b>AIKIDO</b> Ongoing 8 PM - 9 PM	available	12:30 PM – 1:30 PM
<b>SILAT</b> 3 PM - 4:30 PM		<b>AIKIDO KENSHUSEI</b> Program 8:30 PM – 9:30 PM		<b>IAIDO</b> 9 PM - 10 PM		<b>AIKIDO</b> Ongoing 1:30 PM – 2:30 PM
<p align="center"> <b>AIKIDO - IAIDO - KENPO</b>  <b>DANZAN RYU JU JITSU - TAICHI - YOGA - SILAT</b>  <b>JAPANESE LANGUAGE - TAE KWON DO</b>            Special Events - and more            Need space to hold a seminar ?            Looking to start a program, contact us at <a href="mailto:info@acenterforthemartialarts.com">info@acenterforthemartialarts.com</a>  <a href="http://www.acenterforthemartialarts.com">www.acenterforthemartialarts.com</a> / <a href="http://www.aikidokyokai.com">www.aikidokyokai.com</a> </p>						<b>AIKIDO</b> Intro / Ongoing 12:30 PM – 1:30 PM
						<b>AIKIDO</b> Ongoing 1:30 PM – 2:30 PM
						<b>AIKIDO</b> Open Mat 2:30 PM - 3 PM
						<b>Japanese Language</b> 2:30 PM – 3:30 PM
						<b>SILAT</b> 3 PM - 4:30 PM
						<b>FAMILY AIKIDO</b> 6 PM – 7 PM
						<b>AIKIDO</b> Ongoing 7 PM – 8 PM